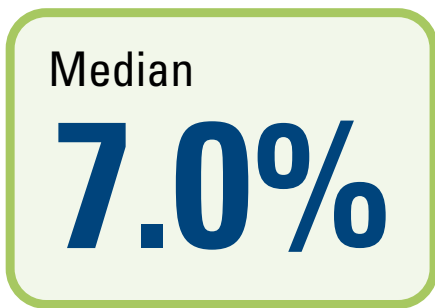


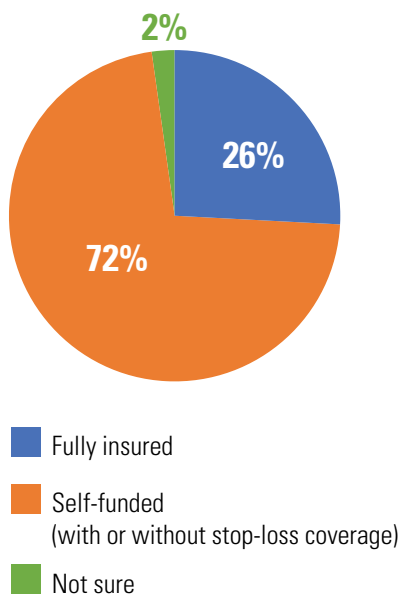
# Health Care Costs Pulse Survey: 2023 Cost Trend

Trends indicate that a majority of medical plan costs will increase for the 2023 plan year. This pulse survey is designed to help U.S. plan sponsors navigate this changing landscape and learn about health care costs for the coming year. The data below reflects responses from corporate/single employers, public employers/governmental entities and multiemployer benefit funds.

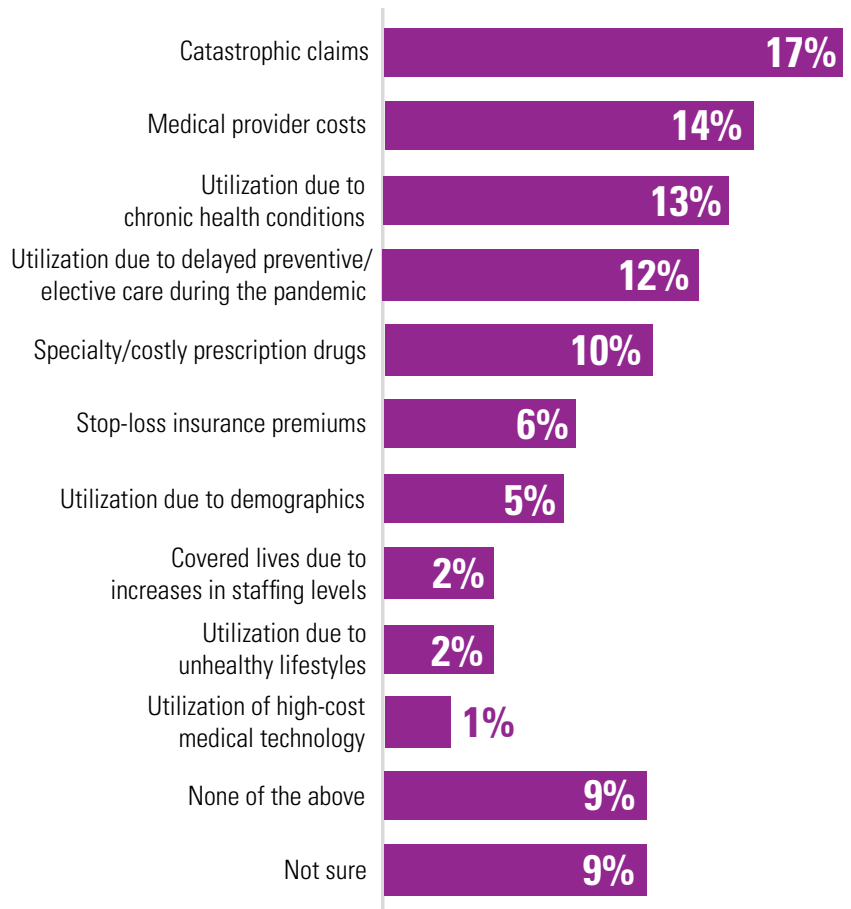
## Expected Medical Plan Cost Increase (2022-2023) (n=300)



## Health Care Plan Funding (n=300)



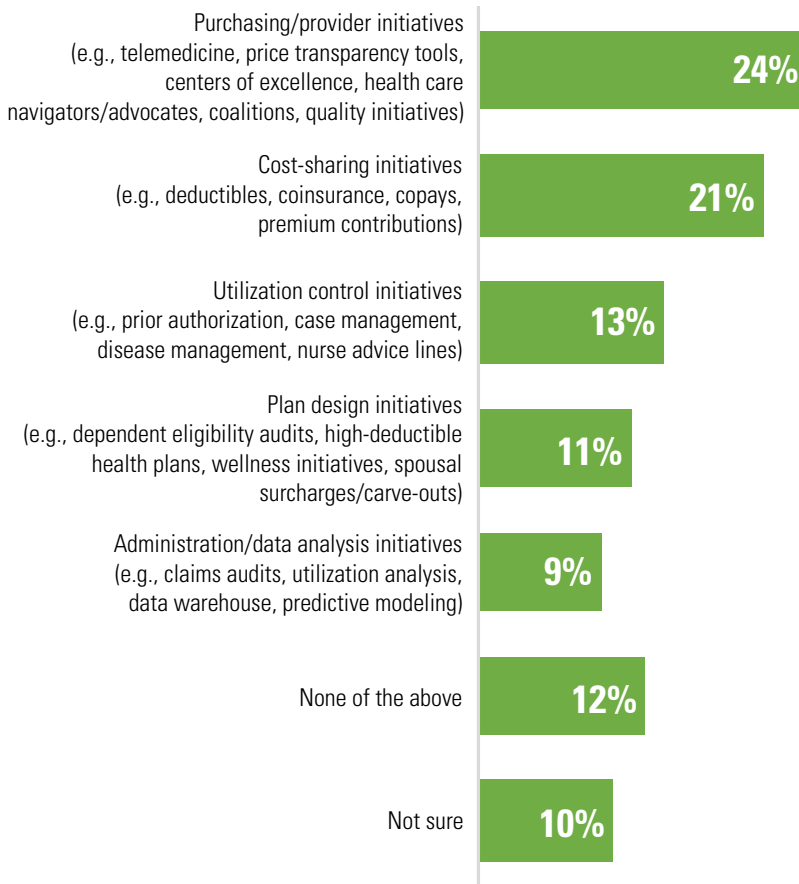
## Primary Reason for Cost Increase\* (n=300)



\*Respondents were asked to select one option.

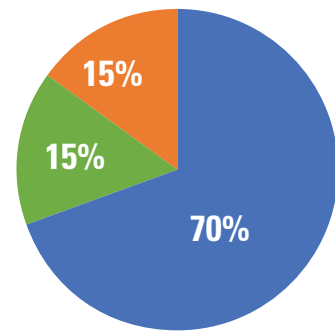


## Initiative Type With Most Anticipated Impact in 2023\* (n=300)



\*Respondents were asked to select one option.

## Organization Type



- Corporation/single employer
- Public employer/governmental entity
- Multiemployer benefit fund

## Respondent Region (n=300)

- 31% Midwest**  
(IA, IL, IN, KS, MI, MN, MO, ND, NE, OH, SD, WI)
- 22% South**  
(AL, AR, FL, GA, KY, LA, MS, NC, OK, SC, TN, TX, VA, WV)
- 20% Northeast**  
(CT, DC, DE, MA, MD, ME, NH, NJ, NY, PA, RI, VT)
- 19% West**  
(AK, AZ, CA, CO, HI, ID, MT, NM, NV, OR, UT, WA, WY)
- 8% Other**

## Number of Active Workers

